

Causes and Effects of Not Studying

A lack of studying often plagues the student body. Studying is an intrinsic part of the learning process; it promotes retention of information and offers invaluable perspective in all subjects. A lack of studying affects the student negatively; moreover, it leads to low grades, low self esteem, and low sense of values.

If students do not study, the first thing that suffers is their grades. Studying enables students to enhance and learn more than what they see or read at first glance. If students choose not to study, their grades will be lower than those that choose to study. Low grades lead to a low overall average; a low overall average reduces a student's chance of being accepted into a post-secondary institution. As well, low grades limit the options that students have for potential educational opportunities – the pathway to the future will narrow.

Low self esteem is also a direct result of low grades which, in turn, is a direct result of not studying. Studying allows students the confidence to believe in what they have learned. Students who have studied are secure in expressing their opinions and engaging in conversations regarding a topic. In opposition A lack of studying causes a low self esteem that prohibits students from confidently conveying what they know. As a result, frustration steps in and students begin to think less about themselves and their abilities. A lack of studying often leads to a sense of worthlessness and constant comparison, on the student's part, to others.

Even sense of value is related to studying. When students do not study, they are not retaining the information or knowledge that will allow them develop their sense of identity. Having a sense of one's identity provokes a sense of value. People need to feel valued, either in the workplace or at home. A lack of studying strips students of personal value in the classroom and often times after graduation when the "real world" has been entered.

Self esteem, personal values, and grades are all indirectly affected by a lack of studying. Students need to buckle down and acknowledge the damage that a deficiency in studying can cause. Despite the fact that studying is often dreaded, it is a necessity to a student's positive future. Studying is like shovelling poop: it stinks, but has to be done.